



# MASTER MYUNG'S TAEKWONDO ACADEMY RICHMOND HILL

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WORLD TAEKWONDO FEDERATION

Effective:  
May 2011

## DAILY CLASS SCHEDULE

MON	TUES	WED	THUR	FRI	SAT
<b>ADULTS</b> All Belts (Board Break/ Self-Defense)  12:00 – 1:00		<b>ADULTS</b> All Belts (Board Break/ Self-Defense)  12:00 – 1:00		<b>PRIVATE LESSONS</b> Registration Required  2:30-4:00	<b>JUNIOR</b> White - Yellow Stripe (Sparring)  11:00 – 11:45
<b>TODDLER</b> 4 to 5 Years  4:15 – 4:45	<b>PRIVATE LESSONS</b> Registration Required  2:30-4:00	<b>TODDLER</b> 4 to 5 Years  4:15 – 4:45	<b>PRIVATE LESSONS</b> Registration Required  2:30-4:00	<b>TODDLER</b> 4 to 5 Years  4:15 – 4:45	<b>JUNIOR</b> Yellow-Black Belt (Board Break/ Self-Defense) 11:45 – 12:30
<b>JUNIOR</b> White - Yellow Stripe (Sparring)  4:45 – 5:30	<b>JUNIOR</b> Yellow - Blue Stripe (Board Break/ Self-Defense) 4:45 – 5:30	<b>JUNIOR</b> Blue - Black (Board Break/ Self-Defense) 4:45 – 5:30	<b>JUNIOR</b> Yellow - Blue Stripe (Self-Defense)  4:45 – 5:30	<b>JUNIOR</b> White - Yellow Stripe (Self-Defense)  4:45 – 5:30	<b>FAMILY CLASS</b> All Belts (Board Break/ Self-Defense) 12:30 – 1:30
<b>JUNIOR</b> Yellow - Blue Stripe (Sparring Class)  5:30 – 6:15	<b>JUNIOR</b> White - Yellow Stripe (Self-Defense)  5:30 – 6:15	<b>JUNIOR</b> Yellow - Blue Stripe (Board Break/Self -Defense) 5:30 – 6:15	<b>JUNIOR</b> White - Yellow Stripe (Self-Defense)  5:30 – 6:15	<b>JUNIOR</b> Yellow - Blue Stripe (Sparring Gear)  5:30 – 6:15	<b>SPORT POOMSAE</b> Registration Required  1:30-2:30
<b>JUNIOR</b> Blue - Black (Sparring Class)  6:15 – 7:00	<b>JUNIOR</b> Blue -Black (Board Break/ Self-Defense)  6:15 – 7:00	<b>JUNIOR</b> White - Yellow Stripe (Sparring)  6:15 – 7:00	<b>JUNIOR</b> Blue - Black (Self-Defense)  6:15 – 7:00	<b>JUNIOR</b> Blue - Black (Sparring Gear)  6:15 – 7:00	<b>OLYMPIC CLASS</b> Registration Required  2:30 – 5:00
<b>FAMILY CLASS</b> All Belts (Sparring Gear)  7:00 – 8:00	<b>FAMILY CLASS</b> All Belts (Board Break/ Self-Defense) 7:00 – 8:00	<b>FAMILY CLASS</b> All Belts (Board Break/Self -Defense)7:00 – 8:00	<b>FAMILY CLASS</b> All Belts (Self-Defense)  7:00 – 8:00	<b>FAMILY CLASS</b> All Belts (Sparring Gear)  7:00 – 8:00	
	<b>OLYMPIC CLASS</b> Registration Required  8:00 – 9:15	<b>BLACK BELT CLASS</b> Full Uniform (Self- Defense)  8:00 – 9:00	<b>OLYMPIC CLASS</b> Registration Required  8:00 – 9:15	<b>BLACK BELT CLASS</b> Full Uniform (Board Break/ Sparring Gear) 8:00 – 9:00	

To be the best, one must learn from the best!